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# Sample BikeFit



07/28/2016

Manufacturer:

**BH**

Model:

**G7**

Size:

**XS**



Crank length	172.5 mm
Handlebar width	420 mm
Saddle height over handlebar	10 mm
Saddle setback	45 mm
Saddle to bottom bracket	713 mm
Saddle to handlebar	790 mm

## DYNAMIC ANALYSIS

	USER	NORMALITY
Knee flexion	<b>70 °</b>	+65/+75
Knee extension	<b>146 °</b>	+145/+155
Ankle ROM	<b>31 °</b>	> +20
Hip vertical ROM	<b>39 mm</b>	< +50
Hip horizontal ROM	<b>9 mm</b>	< +20
KOPS	<b>-6 mm</b>	-10/+10
Trunk tilt	<b>44 °</b>	+40/+50
Shoulder angle	<b>83 °</b>	+80/+90
Maximum hip flexion	<b>60 °</b>	+55/+65

## ANTHROPOMETRY

	USER
Total height	<b>177 cm</b>
Trunk length	<b>50 cm</b>
Shoulder width	<b>70 cm</b>
Arm length	<b>40 cm</b>
Forearm length	<b>30 cm</b>
Inseam height	<b>85 cm</b>
Shoe size	<b>46</b>
Flexibility	<b>Medium</b>



Knee flexion



Knee extension



KOPS

Notes: